

Concussions & Brain Injuries - Co-Curricular Activities

In accordance with Iowa law, the Cedar Rapids Community School District implements and mandates both the Return To Learn and Return To Play policies for all students who participate in an extracurricular interscholastic activity in grades seven through twelve. The District recognizes that continuing to play with a concussion or symptoms of a brain injury leaves a young athlete especially vulnerable to greater injury and can affect how a student athlete thinks, acts, feels and learns. A student athlete who has sustained a concussion may need informal or formal adjustments, accommodations, modifications of curriculum and monitoring by medical or educational staff until the student is fully recovered.

All parents or guardians with students who participate in an extracurricular interscholastic activity in grades seven through twelve, will receive a concussion and brain injury information sheet, as provided by the Iowa Department of Public Health, the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union. The student and the student's parent or guardian shall sign and return a copy of the concussion and brain injury information sheet to the student's school prior to the student's participation in any extracurricular interscholastic activity.

Iowa Code 280.13C
Iowa Administrative Code 641-54

Approved: 07-15-19