

2023 Cross Country Schedule

8/28 1st practice 3-3:45pm	8/29 3-3:45pm	8/30 3-3:45pm	8/31 3-3:45pm	9/1 No Practice - early out
9/4 Labor Day - no school	9/5 3-3:45pm	9/6 3-3:45pm	9/7 3-3:45pm or Regina meet	9/8 No practice - early out
9/11 3-3:45pm	9/12 3-3:45pm or CR meet	9/13 Pictures - bring uniforms Practice till 4	9/14 3-3:45pm	9/15 No practice - early out
9/18 3-3:45pm	9/19 3-3:45pm or CPU meet	9/20 3-3:45pm	9/21 3-3:45pm	9/22 No practice - early out
9/25 3-3:45pm	9/26 3-3:45pm or IC West meet	9/27 3-3:45pm	9/28 3-3:45pm	9/29 No practice - early out
10/2 3-3:45pm	10/3 3-3:45pm or W. Delaware meet	10/4 3-3:45pm	10/5 3-3:45pm	10/6 No practice - early out
10/9 No School	10/10 Conference Meet @ Cherry Hill 4pm		Coach Tower 558-3266 atower@crschools.us	