

CEDAR RAPIDS KENNEDY ALL-TIME TOP TEN

<u>SHOT PUT</u>			<u>LONG JUMP</u>		
Jackson Coker	63'9.5"	2017	Drew Bartels	23'09.75"	2021
Dalles Jacobus	60'6"	2016	Derek Jacobus	23'1.5"	2014
Ben Lamaak	56'11"	2006	Caleb Mere	23'00"	2011
Bill Roby	56'9"	1978	Shaun Beyer	22'10.25"	2016
Kevin Murray	56'7.5"	1975	Rob Vrbicek	22'08"	1976
Gary Ryan	55'9.5"	1970	Terrell Jordan Jr.	22'05"	2018
Scott Garwood	55'8.25"	1986	Famiek Cook	22'04.5"	2014
Stacy Mostrom	55'5"	1991	Malik Haynes	22'04"	2017
Patrick Cory	55'2.5"	1990	Colton Kronfeld	22'03.5"	2022
John Salzbrenner	55'1.5"	1982	Marty Vanzee	22'03"	1986
<u>100 Meter Dash</u>			<u>200 Meter Dash</u>		
Mike Blasingame	10.74	1978	Baylor Goode	21.85	1990
Cairron Hendred	10.88	2018	Brody Lovell	22.23	2021
Baylor Goode	10.91	1990	Mike Blasingame	22.24	1978
Christian French	10.92	2010	Doug Tabor	22.24	1982
J.C. Steinburg	10.95	1995	Scott Owens	22.24	1982
Cordale Baker	10.98	2005	Joe Guerenzo	22.35	1990
Shion Thomas	10.98	2005	Cordale Baker	22.47	2005
Chase Baker	11.03	2017	Christian French	22.53	2010
Drew Bartels	11.04	2021	Chase Baker	22.54	2017
Zak Packerham	11.04	2017	Greg Mick	21.74(yds)	1976
Greg Mick	10.57(yds)	1976			
<u>Discus</u>			<u>High Jump</u>		
Jackson Coker	183'05"	2016	Tim Suchan	7'00"	1990
Cam Jones	178'-05"	2019	Jamey Quelle	6'09"	1989
Tim Polehna	176'04"	2002	Willie Rhoads	6'08"	2015
Dalles Jacobus	174'11"	2016	Mike Aswegen	6'08"	1997
Matt Manuel	169'05"	1994	Matt Burns	6'08"	1990
Gary Schmidt	167'07"	1981	Shaun Beyer	6'07"	2015
Eli Kaump	166'07"	1997	Eli Kaump	6'07"	1997
Brett Kellogg	158'03"	1999	Brad Pospisil	6'07"	1984
Todd Kohl	157'07"	1979	Mark Hilmquist	6'6.5"	1983
Kameron Beets	153'03"	2010	Steve Canty	6'6"	2003
<u>110 Meter High Hurdles</u>			<u>400 Meter Dash</u>		
Drew Bartels	14.23	2021	Baylor Goode	48.48	1990
Terrell Jordan Jr.	14.26	2018	Scott Owens	49.44	1982
David Schmidt	14.62	1992	John Koelling	49.48	2013
Keeler Dix	14.64	2018	Anthony Crawley	49.64	2011
Doug Schenatzke	14.64	1983	Jake Freebolin	49.90	2008
Shaun Beyer	14.66	2016	Tom Peifer	49.98	1985
Jason Drewlow	14.84	1995	Kyle Slaymaker	49.99	2009
Max Martino	14.88	2010	Joe Guerenzo	50.18	1990
Mike Morrison	14.91	1992	Dan Wilson	50.24	1980
Cyrus Courtney	14.95	2023	Norman Mallory	49.84(yds)	1971
<u>400 Meter Low Hurdles</u>			<u>800 Meter Run</u>		
Drew Bartels	52.49	2021	Kyle Slaymaker	1:54.34	2009
Randy Moore	52.64	1981	Mark Schulz	1:55.74	2015
Joel Hartman	53.04	1985	Adam Hairston	1:56.69	2006
Austin Coates	53.89	2016	Chris Wolfe	1:57.24	1986
Mike Morrison	54.30	1992	Anthony Crawley	1:57.41	2009
Jake Losch	54.32	2011	Michael Rosenthal	1:57.61	2010
Paul Kerkman	54.36	1997	Jeff Gilliland	1:58.15	1985
Shane Berry	54.74	1981	Brad Russell	1:58.37	1993
Steve Schenatzki	54.84	1983	Rick Freese	1:54.64(yds)	1968
Matt Gardner	55.26	2016	Henry McMahan	1:59.08	2022
<u>1600 Meter Run</u>			<u>Mile Run</u>		
Miles Wilson	4:16.33	2023	Jeff Davidson	4:16.50	1975
Adam Hairston	4:21.48	2005	Tom Novak	4:19.80	1977
Nate Barnes	4:24.84	1993	Bernie Crinigan	4:24.70	1975
Bob Brooker	4:24.94	1980	Rick Freese	4:24.70	1968
Ryan Williamson	4:27.99	2006	Tim Skopec	4:27.70	1977

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3200 Meter run

Miles Wilson	9:13.03	2022
Nate Barnes	9:28.74	1993
Adam Hairston	9:31.53	2006
Greg Skopec	9:33.84	1980
Tim Skopec	9:36.84(2Mi)	1977
Bernie Crinigan	9:41.04(2Mi)	1975
Ryan Williamson	9:41.07	2006
Jacob Green	9:41.10	2018
Chris Dennison	9:44.92	1993
Chris Black	9:46.45	1991

4 X 100 Meter Relay

42.06	2018-	T. Jordan Jr.
42.49	2014	M Shanklin
42.57	2005	B. Jones
42.84	1990	Z. Packingham
42.87	2017	
42.88	2023	
43.18	2006	
43.35	1992	
43.47	2010	
42.54 (yds)	1977	

4 X 200 Meter Relay

1:27.55	2017	B. Jones
1:27.83	2014	C. Baker
1:28.01	2013	T. Kelly
1:28.26	2009	M. Shanklin
1:28.55	2018	
1:29.34	1981	
1:29.35	1990	
1:29.41	2023	
1:29.72	1985	
1:29.77	2010	

4 X400 Meter Relay

3:20.36	1985 -	Peifer
3:20.77	2009	Gilliland
3:22.06	2008	Hartman
3:22.33	2015	Goode
3:22.49	2017	
3:23.14	1990	
3:23.24	1982	
3:23.74	1981	
3:23.78	2011	
3:24.14	1984	

4 X 800 Meter Relay

7:51.34	1984 -	Phillips
7:53.84	1983	Gilliland
7:55.43	2008	Dumond
7:56.94 (yds)	1975	Hartman
7:58.50	1993	
7:59.44	1980	
8:01.44	1985	
8:02.14	1992	
8:05.42	2015	
8:06.18	2000	

Medley Relay

3:28.08	2009 -	K.Hopkins
3:28.44	1985	J. Simmons
3:30.38	2008	A. Crawley
3:31.48	2006	K. Slaymaker
3:32.24	1984	
3:32.26	2011	
3:33.74	1978	
3:34.27	2016	
3:29.44 (yds)	1969	
3:33.24 (yds)	1975	

Shuttle Hurdle Relay - 33"

56.09	2010	C. Bradley	*Drake Record*
56.11	2016	M. Martino	
56.12	2014	R. Dusil	
56.59	2018	J. Losch	
56.65	2013		
57.37	2009		
57.87	2012		
58.05	2015		
58.43	2008		
58.48	2017		

Sprint Medley Relay - New in 2017

1:32.41	2018-	C. Hendred
1:32.77	2017	Z. Packingham
1:35.14	2021	B. Jones
1:36.37	2022	M. Shanklin
1:37.24	2023	
1:37.5	2019	

Shuttle Hurdle Relay - 36" - New Height in 2019

57.83	2021	R. Pakkebier	*Drake Record*
58.2	2019	D. Bartels	
58.64	2023	M. White	
61.03	2022	B. Lovell	

*Updated 2023

** All hand times were converted to FAT times.