

## CEDAR RAPIDS KENNEDY ALL-TIME TOP TEN

<b><u>SHOT PUT</u></b>			<b><u>LONG JUMP</u></b>		
Jackson Coker	63'9.5"	2017	Drew Bartels	23'09.75"	2021
Dalles Jacobus	60'6"	2016	Derek Jacobus	23'1.5"	2014
Ben Lamaak	56'11"	2006	<b>Jacob Smetzer</b>	<b>23'0.5</b>	<b>2024</b>
Bill Roby	56'9"	1978	Caleb Mere	23'00"	2011
Kevin Murray	56'7.5"	1975	Shaun Beyer	22'10.25"	2016
Gary Ryan	55'9.5"	1970	Rob Vrbicek	22'08"	1976
Scott Garwood	55'8.25"	1986	<b>Dawson Dougherty</b>	<b>22'06.5</b>	<b>2024</b>
Stacy Mostrom	55'5"	1991	Terrell Jordan Jr.	22'05"	2018
Patrick Cory	55'2.5"	1990	Famiek Cook	22'04.5"	2014
John Salzbrenner	55'1.5"	1982	Malik Haynes	22'04"	2017
<b><u>100 Meter Dash</u></b>			<b><u>200 Meter Dash</u></b>		
Mike Blasingame	10.74	1978	Baylor Goode	21.85	1990
<b>Dawson Dougherty</b>	<b>10.76</b>	<b>2024</b>	<b>Jacob Doyle</b>	<b>22.16</b>	<b>2024</b>
<b>Chauncey Bodden</b>	<b>10.83</b>	<b>2024</b>	<b>Nick Woods</b>	<b>22.2</b>	<b>2024</b>
Cairron Hendred	10.88	2018	Brody Lovell	22.23	2021
Baylor Goode	10.91	1990	Mike Blasingame	22.24	1978
Christian French	10.92	2010	Doug Tabor	22.24	1982
J.C. Steinburg	10.95	1995	Scott Owens	22.24	1982
Cordale Baker	10.98	2005	Joe Guerenno	22.35	1990
Shion Thomas	10.98	2005	Cordale Baker	22.47	2005
Chase Baker	11.03	2017	Christian French	22.53	2010
<b><u>Discus</u></b>			<b><u>High Jump</u></b>		
Jackson Coker	183'05"	2016	Tim Suchan	7'00"	1990
Cam Jones	178'-05"	2019	Jamey Quelle	6'09"	1989
Tim Polehna	176'04"	2002	Willie Rhoads	6'08"	2015
Dalles Jacobus	174'11"	2016	Mike Aswegen	6'08"	1997
Matt Manuel	169'05"	1994	Matt Burns	6'08"	1990
Gary Schmidt	167'07"	1981	Shaun Beyer	6'07"	2015
Eli Kaump	166'07"	1997	Eli Kaump	6'07"	1997
<b>Jackson Rhinehart</b>	<b>162'02</b>	<b>2024</b>	Brad Pospisil	6'07"	1984
Brett Kellogg	158'03"	1999	Mark Hilmquist	6'6.5"	1983
Todd Kohl	157'07"	1979	Steve Canty	6'6"	2003
<b><u>110 Meter High Hurdles</u></b>			<b><u>400 Meter Dash</u></b>		
Drew Bartels	14.23	2021	Baylor Goode	48.48	1990
Terrell Jordan Jr.	14.26	2018	Scott Owens	49.44	1982
<b>Ryan Bartels</b>	<b>14.47</b>	<b>2024</b>	John Koelling	49.48	2013
David Schmidt	14.62	1992	Anthony Crawley	49.64	2011
Keeler Dix	14.64	2018	Jake Freebolin	49.90	2008
Doug Schenatzke	14.64	1983	Tom Peifer	49.98	1985
Shaun Beyer	14.66	2016	Kyle Slaymaker	49.99	2009
<b>Cyrus Courtney</b>	<b>14.7</b>	<b>2024</b>	Joe Guerenno	50.18	1990
Jason Drewlow	14.84	1995	Dan Wilson	50.24	1980
Max Martino	14.88	2010	Norman Mallory	49.84(yds)	1971
<b><u>400 Meter Low Hurdles</u></b>			<b><u>800 Meter Run</u></b>		
Drew Bartels	52.49	2021	Kyle Slaymaker	1:54.34	2009
Randy Moore	52.64	1981	Mark Schulz	1:55.74	2015
Joel Hartman	53.04	1985	Adam Hairston	1:56.69	2006
Austin Coates	53.89	2016	Chris Wolfe	1:57.24	1986
Mike Morrison	54.30	1992	Anthony Crawley	1:57.41	2009
Jake Losch	54.32	2011	<b>Henry McMahan</b>	<b>1:57.59</b>	<b>2024</b>
Paul Kerkman	54.36	1997	Michael Rosenthal	1:57.61	2010
Shane Berry	54.74	1981	Jeff Gilliland	1:58.15	1985
Steve Schenatzki	54.84	1983	Brad Russell	1:58.37	1993
Matt Gardner	55.26	2016	<b>Griffin Gerdes</b>	<b>1:58.76</b>	<b>2024</b>
<b><u>1600 Meter Run</u></b>			<b><u>Mile Run</u></b>		
Miles Wilson	4:16.33	2023	Jeff Davidson	4:16.50	1975
Adam Hairston	4:21.48	2005	Tom Novak	4:19.80	1977
<b>Slader Buckheister</b>	<b>4:24.29</b>	<b>2024</b>	Bernie Crinigan	4:24.70	1975
Nate Barnes	4:24.84	1993	Rick Freese	4:24.70	1968
Bob Brooker	4:24.94	1980	Tim Skopec	4:27.70	1977
Ryan Williamson	4:27.99	2006			
<b>Jacob Bruns</b>	<b>4:28.88</b>	<b>2024</b>			

Jacob Green	4:29.11	2019							
Henry McMahan	4:32.42	2022							
Thomas Singer	4:32.46	2011							

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<b><u>3200 Meter run</u></b>			<b><u>4 X 100 Meter Relay</u></b>			
Miles Wilson	9:13.03	2022	<b>41.27</b>	<b>2024</b>	<b>D. Dougherty</b>	
<b>Slader Buckheister</b>	<b>9:19.73</b>	<b>2024</b>	42.06	2018-	<b>J. Doyle</b>	
Nate Barnes	9:28.74	1993	42.49	2014	<b>N. Woods</b>	
<b>Adam Gray</b>	<b>9:29.02</b>	<b>2024</b>	42.57	2005	<b>C. Bodden</b>	
Adam Hairston	9:31.53	2006	42.84	1990	<b>*State Record*</b>	
Greg Skopec	9:33.84	1980	42.87	2017	<b>Iowa All-Time</b>	
Tim Skopec	9:36.84(2Mi)	1977	42.88	2023	<b>Best!</b>	
<b>Jacob Bruns</b>	<b>9:39.74</b>	<b>2024</b>	43.18	2006		
Bernie Crinigan	9:41.04(2Mi)	1975	43.35	1992		
Ryan Williamson	9:41.07	2006	43.47	2010		
<b><u>4 X 200 Meter Relay</u></b>			<b><u>4 X 400 Meter Relay</u></b>			
1:27.55	2017	B. Jones	3:20.36	1985 -	Peifer	
1:27.83	2014	C. Baker	3:20.77	2009	Gilliland	
1:28.01	2013	T. Kelly	3:22.06	2008	Hartman	
<b>1:28.22</b>	<b>2024</b>	M. Shanklin	3:22.33	2015	Goode	
1:28.26	2009		3:22.49	2017		
1:28.55	2018		3:23.14	1990		
1:29.34	1981		3:23.24	1982		
1:29.35	1990		3:23.74	1981		
1:29.41	2023		3:23.78	2011		
1:29.72	1985		3:24.14	1984		
<b><u>4 X 800 Meter Relay</u></b>			<b><u>Medley Relay</u></b>			
7:51.34	1984 -	Phillips	3:28.08	2009 -	K. Hopkins	
7:53.84	1983	Gilliland	3:28.44	1985	J. Simmons	
7:55.43	2008	Dumond	3:30.38	2008	A. Crawley	
7:56.94 (yds)	1975	Hartman	3:31.48	2006	K. Slaymaker	
7:58.50	1993		3:32.24	1984		
<b>7:58.97</b>	<b>2024</b>		3:32.26	2011		
7:59.44	1980		3:33.74	1978		
8:01.44	1985		3:34.27	2016		
8:02.14	1992		3:29.44 (yds)	1969		
8:05.42	2015		3:33.24 (yds)	1975		
<b><u>Shuttle Hurdle Relay - 33"</u></b>			<b><u>Sprint Medley Relay - New in 2017</u></b>			
56.09	2010	C. Bradley	<b>*Drake Record*</b>	1:32.41	2018-	C. Hendred
56.11	2016	M. Martino		1:32.77	2017	Z. Packerham
56.12	2014	R. Dusil		<b>1:34.98</b>	<b>2024</b>	B. Jones
56.59	2018	J. Losch		1:35.14	2021	M. Shanklin
56.65	2013			1:36.37	2022	
57.37	2009			1:37.24	2023	
57.87	2012			1:37.5	2019	
58.05	2015			<b><u>Shuttle Hurdle Relay - 36" - New Height in 2019</u></b>		
58.43	2008			57.83	2021	R. Pakkebier <b>*Drake Record*</b>
58.48	2017			58.2	2019	D. Bartels
				58.64	2023	M. White
				<b>58.71</b>	<b>2024</b>	B. Lovell
				61.03	2022	

\*Updated 2024

nd times were converted to FAT times.