



BASIC NEEDS RESOURCES 2020

Name & Location	Phone Number	Days/Hours	Services Provided
BABY ITEMS			
Birthright, Inc. 375 Collins Road NE, Suite 107 Cedar Rapids, IA 52402	319-393-3251	Call first! Monday 10 AM - 6 PM Tuesday, Wednesday & Thursday 10 AM - 4 PM Closed Friday	Free pregnancy test – no appointment. Free and confidential assistance for pregnant women including professional referrals, maternity clothing vouchers and a welcome baby basket. www.birthright.org/cedarrapids
Bridgehaven 701 Center Point Road NE Cedar Rapids, IA 52402	319-364-8967	Monday & Thursday 10 AM - 7 PM Tuesday, Wednesday & Friday 10 AM - 5 PM	Services are provided to pregnant women, pregnant couples and men and women with children under 18. Free pregnancy testing and counseling. One free ultrasound. Prenatal, parenting and life skills classes available. Benefits provided to weekly class attendees. Benefits are clothes, food and formula for men, women and children. Need to interview to register. One time emergency assistance to non-clients. Post-abortion classes for men and women. www.bridgehavencr.org
Families Helping Families of Iowa 3516 Center Point Road NE Cedar Rapids, IA 52402	319-294-9706	Monday – Friday, 8 AM - 3 PM Sunday 1 – 3 PM	Families Helping Families of Iowa is a non-profit, volunteer group designed to help and support children in foster care, relative placement and other suitable placement. Our programs (for children ages 0-18) include a Clothing Closet, Shoe Voucher Program, extracurricular activity scholarships, tutoring assistance, school supplies, haircuts and senior photos.
Helping Hands Storeroom First Presbyterian Church 864 12 th Street Marion, IA 52302	319-377-7309	Tuesday & Thursday 1 PM - 3 PM	Clothes for all ages. No baby furniture available. Must be referred for service by pastor, school nurse, social worker, food bank, etc. Call for additional information.
Olivet Clothes Closet 230 10 th Street NW Cedar Rapids, IA 52405	319-364-7946	Tuesday - Friday 8:30 AM - 11:30 AM Saturday 9 AM - 11:30 AM	Food pantry, variety of clothing and household items available. www.olivetmission.org
Wee Care Shop 420 6 th Street SE, Suite 180 Cedar Rapids, IA 52403	319-364-8909	Must be a YPN programming participant Open to parents prenatal through children up to age 5	Provides necessary baby items for YPN participants. www.ypniowa.org

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cellphone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching “211 Iowa” on either Apple App store or Google Play. For more information you can visit www.211iowa.org/211app. To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.

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CLOTHING & HOUSEHOLD ITEMS			
American Red Cross Emergency Services 6300 Rockwell Drive NE Cedar Rapids, IA 52402	319-393-3500 800-982-2438	24 hours a day for victims of fire & natural disasters Monday 8:30 AM - 4:30 PM Tuesday, Wednesday, & Thursday 9 AM - 3 PM Closed Fridays	Temporary housing and food for victims of fire and natural disasters based on damage assessment. www.redcross.org
Bridgehaven 701 Center Point Road NE Cedar Rapids, IA 52402	319-364-8967	Monday & Thursday 10 AM - 7 PM Tuesday, Wednesday & Friday 10 AM - 5 PM	Services are provided to pregnant women, pregnant couples and men and women with children under 18. Free pregnancy testing and counseling. Prenatal, parenting and life skills classes available. Benefits provided to weekly class attendees. Benefits are clothes, food and formula for men, women and children. Need to interview to register. One time emergency assistance to non-clients. One free ultrasound. Post-abortion classes for men and women.
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Goodwill of the Heartland 2000 Scotty Drive SW Cedar Rapids, IA 52404 5520 Council Street NE Cedar Rapids, IA 52402 2405 Mt. Vernon Road SE Cedar Rapids, IA 52403 3202 7 th Avenue Marion, IA 52302	319-739-5044 319-739-5055 319-739-5080 319-739-5045	Monday - Friday 9 AM - 9 PM Saturday 9 AM - 8 PM & Sunday 10 AM - 6 PM	A variety of used clothing & household items at reasonable prices. www.goodwillheartland.org
Harambee House 404 17 th Street SE Cedar Rapids, IA 52403	319-366-1408	Monday - Friday 8 AM - 4 PM Closed daily 12 – 1 PM	Free used clothing as staff is available, usually from 9 AM to 11 AM. Family support program for basic needs resources available Monday through Friday from 8:30 AM to 11:30 AM and 1:30 PM to 4:30 PM, please call first. Bread available on Tuesdays until gone. Free use of computer for job, housing, or resource needs. Lobby phone available for local calls only. DHS Patch office located in upper level. Help with rental assistance.
Helping Hands Storeroom First Presbyterian Church 864 12 th Street Marion, IA 52302	319-377-7309	Tuesdays & Thursdays 1 - 3 PM	Free used clothing & small household items available by referral only. Pastor, school nurse, social worker, food bank.
Mission of Hope 1700 B Avenue NE Cedar Rapids, IA 52402	319-365-1782	Food Pantry: Monday - Friday 9 AM - 3 PM	Hot meals served Monday through Friday from 12:00 PM to 1:00 PM. Need to show ID for food pantry. Clothing closet available by appointment only. www.missionofhopeocr.org
No kid needs to sleep on the floor of Linn County	319-929-9885		We are a 100% volunteer organization that seeks community involvement in funding, building, delivering, assembling and dressing out new, sturdy beds to kids who have no bed of their own. We service only children ages 3-17 in Linn County. http://shpbeds.org/

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Olivet Clothes Closet 230 10 th Street NW Cedar Rapids, IA 52405	319-364-7946	Tuesday - Friday 8:30 AM - 11:30 AM Saturdays 9 AM - 11:30 AM	Free clothing outlet for those in need. Household items also available at no, or minimal, cost. Lamps, dishes, sheets. May apply for food once every 30 days. Must present photo ID. Everyday a selection of free bread. www.olivetmission.org
St. Vincent de Paul 928 7 th Street SE Cedar Rapids, IA 52401	319-365-5091	Tuesday - Saturday 9 AM - 4 PM	A variety of used clothing & household items at reasonable prices. For those who cannot afford to buy, must fill out an application and must be approved. Applications for food accepted Tuesday through Saturday from 9 AM to 12 PM. Rent and utility assistance Tuesday & Wednesday from 10 AM to 2 Pm and Thursday 10 AM to 12 PM. www.crsvdp.org
Southeast Linn Community Center 108 South Washington St Lisbon, IA 52253	319-455-2844	Monday - Friday 9 AM - 4 PM Food Pantry open: Monday - Friday 9 AM - 4 PM	Serving Lisbon and Mt. Vernon School District residents. Clothing for all ages. Bedding and accessories when available. Food pantry. Senior transportation. After School Cafe available to children 9+ from 3:15-5 PM. Must call to register, free service to Lisbon and Mt Vernon School District students.
The Salvation Army Thrift Stores 5824 Council Street NE Cedar Rapids, IA 52402	319-294-6775	Monday - Saturday 9 AM - 9 PM Closed on Sundays	A variety of used clothing & household items at reasonable prices.
Treasures at Bridgehaven Pregnancy Center 405 8 th Avenue SE Cedar Rapids, IA 52402	319-364-1988	Thursdays 10 AM - 7 PM Monday, Tuesday, Wednesday & Friday 10 AM - 5 PM Saturday 10 AM - 4 PM	Clothing & household items such as small appliances, kitchen supplies, and baby supplies available in resale shop at reasonable prices. Clothing in all sizes, infant to adult. All proceeds go to Bridgehaven.
Waypoint's Day Resource Center 318 5 th Street SE Cedar Rapids, IA 52401	319-365-7207 319-366-7999	Monday - Friday 9 AM - 5 PM	Centralized intake drop-in program for shelter and housing resources. A warming and cooling site during summer and winter. Emergency food items if available. www.waypointservices.org

FURNITURE & APPLIANCES

St. Vincent de Paul Salvage Center 928 7 th Street SE Cedar Rapids, IA 52401	319-365-5091	Tuesday - Saturday 9 AM - 4 PM	Used furniture and small appliances available at a reasonable cost. For those who cannot afford to buy, must fill out an application and must be approved. Applications for food accepted Tuesday through Saturday from 9 AM to 12 PM. Rent and utility assistance Tuesday & Wednesday from 10 AM to 2 Pm and Thursday 10 AM to 12 PM. www.crsvdp.org
The Salvation Army Thrift Stores 5824 Council Street NE Cedar Rapids, IA 52402	319-294-6775	Monday - Saturday 9 AM - 9 PM Closed on Sundays	Used furniture and appliances available at a reasonable cost.
VA Community Resource and Referral Center (CRRC) 1535 1 st Avenue SE Cedar Rapids, Iowa 52403	319-365-0898	Monday - Friday 8 AM - 4 PM (except Federal holidays)	Provide clothing, showers, washer and dryer and personal hygiene items to Veteran's. Must be registered with the VA or become registered with VA or verify eligibility with discharge papers (DD214) of VA ID card. Food pantry. Bus passes.