CEDAR RAPIDS COMMUNITY SCHOOL DISTRICT
PERMISSION FORM TO PARTICPATE IN
2020-2021 EXTRACURRICULAR ACTIVITIES

I give permission for my child to participate in the Cedar Rapids Community School District's activities for the 2020-2021 school year.

I understand and agree my child's participation in the District's extracurricular activities for 2020-2021 will be subject to and conditioned on the District's current policies, procedures, and rules governing participation in extracurricular activities and the following additional terms and conditions:

- Participants should not attend or participate in practices or contests if they currently have: (a) a cough; (b) shortness of breath or difficulty breathing; (c) a fever; (d) chills; (e) muscle pain; (f) a sore throat; (g) a new loss of teste or smell; or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last fourteen days.
- Participants should use their own equipment as much as possible.
- Participants must bring their own water or beverage to consume during and after practices and contests. Participants may not share water or other beverages with other participants.
- Any food brought to practices or contests by participants shall not be shared.
- Participants should check their temperatures before attending practices and contests. Participants may be asked to report their temperature to District personnel or may be subject to temperature checks by District personnel.
- Participants who have symptoms of illness will not be allowed to participate in practices or contests.
- Participants with pre-existing health conditions should notify District personnel.
- Participants are encouraged to provide their own hand sanitizer, engage in healthy hygiene practices, and participate in appropriate social distancing.
- Parents must remain in their vehicles or drop off and pick up participants after practice.
- Participants should arrive to practices and contests clothed in the apparel necessary for that activity. Participants should return home after the conclusion of the practice or contest to shower and change clothes.
- Participants should follow any further guidance or requirements issued by Governor of Iowa, the Iowa Department of Public Health, the Iowa High School Athletic Association, and Iowa Girls High School Athletic Union or other authority governing participation in Iowa public school district extracurricular activities.

_____ _____
Parent Date Parent Date

I understand and agree that my participation in the District's 2020-2021 extracurricular activities will be subject to and conditioned on the District's current policies, procedures, and rules governing participation in extracurricular activities and the additional terms and conditions set out above.

_____ _____
Student Date Student Print Name Grade