

Boys & Girls Wrestling January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13 Boys Practice 3:00 – 4:30	14 Boys Practice 3:00 – 4:30	15 Boys Practice 3:00 – 4:30	No School/Practice	17
18	19 MLK Day – No School/Practice	20 Boys & Girls Practice 3:00 – 4:30	21 Boys & Girls Practice 3:00 – 4:30	22 Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	24
25	26 Boys & Girls Practice 3:00 – 4:30	27 Boys & Girls Practice 3:00 – 4:30	28 Boys & Girls Practice 3:00 – 4:30	29 Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	31



WILSON
Middle School

Coaches Contact Info:
choeger@crschools.us
jherman@crschools.us
cherman@crschools.us

Leaving a Meet with Parents?
 You and your parent need to come up to a coach and confirm you are getting a ride with a parent.
IF LEAVING WITH A PARENT THIS NEEDS TO HAPPEN AT EVERY MEET

Gear Needed at Every Meet:
 Head Gear
 Singlet
 Wrestling Shoes
 Warm Up Top

Boys & Girls Wrestling February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Boys Meet @ Taft Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	
8	9	10	11	12	13	14
	Boys & Girls Practice 3:00 – 4:30	Girls Meet @ Taft Boys Meet @ Harding	Boys & Girls Practice 3:00 – 4:30	Boys Meet @ Taft Girls Practice 3:00 – 4:30	No School/Practice	
15	16	17	18	19	20	21
	Boys Meet @ Harding Girls Practice 3:00 – 4:30	Girls Meet @ Wilson Boys Help With Meet	Boys & Girls Practice 3:00 – 4:30	Girls Meet @ McKinley Boys Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	
22	23	24	25	26	27	28
	No School/Practice	Boys Meet @ Wilson Girls Meet @ Harding	Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	Boys & Girls Practice 3:00 – 4:30	



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Heading

choeger@crschools.us
jherman@crschools.us
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 Wrestling Shoes
 Warm Up Top

Boys & Girls Wrestling March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Boys Meet @ Linn-Mar Girls Meet @ Prairie	3 Boys Meet @ Roosevelt Girls Practice 3:00 – 4:30	4 Boys & Girls Practice 3:00 – 4:30	5 Girls Meet @ NWJH Boys Practice 3:00 – 4:30	6 Boys & Girls Practice 3:00 – 4:30	7
8	9 Girls Meet @ Linn-Mar Boys Practice 3:00 – 4:30	10 Boys Meet @ Linn-Mart Girls Practice 3:00 – 4:30	11 Boys & Girls End of Year Practice 3:00 – 4:00	12 Boys Meet @ Franklin Girls Meet @ Taft	13 No Practice	14
15	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21
22	23	24	25	26	27	28
29	30	31				



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